

The SHIFT Suite: Skills for Human-Inspired Future Teams

Shift the behaviour of your organization through transformational learning programming tailored to your needs.

Working with Each Other series:



The Co-operative Way - A hands-on workshop that teaches the forgotten skill of co-operation—how to work with others in a sustainable, human-centered way, beyond competition or shallow collaboration for long term, sustainable and healthy teams



The Assistive Mindset - A practical, eye-opening program for anyone who's lost in the layers—designed to help individuals and teams refocus their daily work on what (and who) really matters: the people your organization exists to assist.



Community Care - A transformative learning experience that introduces the concept of community care as a sister concept to self-care—what it is, why it matters, and how building systems of shared support improves functioning of individuals and the collective.

Working with Technology series:



Critical Data Literacy - A practical program focused on the critical thinking side of data literacy—teaching how to ask good questions, seek good answers, and make good insights to enable actions within your organization.



Critical AI Literacy - A hands-on learning experience that teaches individuals and teams how to partner effectively with generative AI—enhancing thinking, creativity, and productivity while safeguarding critical human skills in an increasingly automated workplace.



Human in the Loop: a workshop aimed at designers of AI tools focused on human-centered, ethics-informed, and impact-aware design that prioritizes people over processes.

Working with Intention series:



Clear Outcomes - A learning program that exposes how vague language sabotages progress—and gives you a clear, practical framework for defining real outcomes that people can actually deliver.



The Gift of Failure – A reflective and supportive workshop that helps participants uncover the powerful lessons hidden in their failures—and use them as fuel for growth, clarity, and courage.



Create to Innovate - A hands-on learning experience that helps you unlock your creative process, enter a state of flow, and apply the skill of creativity as necessary precursor to innovation in the workplace.

